

A Personal Training Program Like No Other



Personal Trainer Undergraduate Certificate



BRYAN UNIVERSITY
FOUNDED 1940

Personal Training and Fitness Careers are Expanding...

Convert Your Healthy Lifestyle into a Professional Fitness Career

The benefits of living a healthy lifestyle are numerous and converting your passion for exercise and fitness into a career is yet another reward. A diploma from Bryan University in Personal Training will prepare you for a fulfilling career in a growing industry.

Expanding Careers

Careers for health and fitness professionals, group exercise instructors, and personal trainers are projected to grow faster than average through the year 2030 at a rate of 15 percent or higher with projected job openings of 69,100 in the US.¹

Preparing now means you'll be ready for the jobs of the future.

Diverse Employers

Health and fitness professionals have a range of opportunities for employment. From corporate settings to healthcare facilities to high-energy gyms and fitness centers, there's a work environment for all personality types, including:

- Gyms and fitness facilities
- Corporate fitness centers
- Rehabilitation centers
- Self-employment

The cost to take a national certification through NASM is included with the program tuition, along with books and courseware!

Attractive Opportunities

In this growing industry, a diploma from Bryan University can put you on the path to a fulfilling career field. Aside from financial rewards, each day provides the opportunity to enhance the health and well-being of others in positions² such as:

- Certified Personal Trainer
- Gym Staff Member
- Independent Trainer/Contractor
- Nutrition/Supplement Store Associate
- Fitness and Wellness Coordinator

**15%
or Higher**

**Faster-than-average
projected growth through
the year 2030.¹**

Exceptional Value

Your investment in a Bryan University education provides the following skills and benefits:

- Body sciences, nutrition, and personal trainer certification
- Motivational techniques, goal setting, and long-term sustainability of health habits
- Critical business skills you'll need to set yourself apart
- Cost to take a national certification included in the program tuition
- Cost for all books and courseware included in the program tuition
- Accelerated program so you can start and finish fast – saving you time and money

Attend from the Comfort of Home

At Bryan University, we believe that success in the field of health and fitness training demands a different approach to education. That's why we built a more innovative, interactive learning environment that is personalized to your needs. You'll receive:

- Live webcam interactions with instructors and experts right from home
- Collaborative networking with peers
- Personalized learning using an interactive, adaptive online format
- Performance reports to help you track your progress and stay on top
- Timely, targeted coaching and feedback to help you learn faster and retain more

"The experience at Bryan University exceeded my expectations and improved my life."

— Claire Cielinski, Bryan U Graduate



Dual Enrollment Available

You can enroll in the Personal Trainer Undergraduate Certificate and Associate Degree in Applied Exercise and Fitness concurrently. This means you receive both credentials upon completion of your associate degree program, in addition to any third-party certifications you've completed.

Continue to the Bachelor's Degree Level

Once you complete your associate degree, you may consider continuing your education at the bachelor's degree level. Bryan University offers a renowned Bachelor of Science in Exercise Science, Fitness, and Nutrition Management. With this degree, you'll find additional career opportunities such as:

- Certified Personal Trainer for Specialty Populations
- Fitness Educator
- Sports Performance Coach
- Fitness Studio/Gym Owner
- Exercise Director/Club Manager

10 More Reasons to Choose Bryan University

1. Tuition Lock Guarantee.

We lock your tuition rate once you enroll, plus your tuition goes down the longer you're in school. Financial aid available if you qualify.

2. Books, Courseware, and Certifications Included.

We take care of shipping your textbooks and provide you easy access to electronic courseware. We also help you prepare for nationally-recognized certification exams.

3. Focus on Employment.

You'll graduate with a degree targeted for a specific job market and earn skills that match employers' needs.

4. Job Search Assistance.

As a graduate, you'll receive career search services, including job networking best practices, sharpening your interview skills, and creating an eye-catching resume.

5. Learn by Doing.

You'll develop real-world skills by completing simulated job tasks and using industry technologies.

6. Return for Refresher Classes.

As a graduate, you'll have the privilege of auditing previously completed courses still being taught—at no charge—to keep your skills sharp.

7. Accelerated Programs.

You can get started – and finish – fast.

8. Faculty Who Put You First.

Our faculty provide you with personalized, individual attention and support.

9. Welcome Kits Included.

Once you enroll, we provide you a welcome kit package to ensure you're ready to start school.

10. History of Excellence.

We have a 82-year track record of preparing graduates for successful careers since 1940.



"The thing I love most about my career is seeing my clients smile after accomplishing something they never thought possible."

— Jordin Otis, Bryan U Graduate



69,100

**Projected job openings
for fitness trainers and
instructors through the
year 2030.¹**

¹Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2021-22 Edition, on the Internet at <http://www.bls.gov/ooh/personal-care-and-service/fitness-trainers-and-instructors.htm>. Also see <https://www.onetonline.org/link/summary/39-9031.00>. Site visited on 1/15/2022. Job market conditions are dynamic and can change. This data is not intended to predict the market conditions that will be present when you graduate from your program and may differ based on your geographic location and other factors.

²Example occupations shown herein do not imply a guarantee of employment. Students are responsible for conducting occupational research for their chosen program. Employers have unique hiring practices and job-specific requirements, which may include years of experience for manager positions. Graduates with little to no prior experience should expect an entry-level position.

Advance Your Career—Starting Today

Visit www.BryanUniversity.edu
Call 888-768-6861



Financial aid available for those who qualify.

